



NOVEMBER

CLASSES



Tempest Dance Studio Washington

ALL SESSIONS HELD AT: TEMPEST DANCE STUDIO MISSION HALL, RAILWAY TERRACE, COLUMBIA, WASHINGTON NE38 7BE
BOOKING ESSENTIAL – BOOK HERE: WWW.TEMPESTDANCE.COM

MON	16.45 – 17.45	Kids Aerial with Charley	£10
	18.00 – 18.45	MOVEicals with Mandy*	£5
	19.00 – 20.00	Pole Beginners to Intermediate with Mandy	£12
TUESDAY	14.00 – 15.00	BEGINNERS HATHA YOGA with Mandy (mats provided)	£6
	16.45 – 17.45	Kids Aerial with Mandy	£10
	18.00 – 19.00	Aerial Yoga All Levels with Mandy	£12
	19.15 – 20.15	Adults Aerial Fun session with Mandy	£12
	20.30 – 21.30	Pole ALL-LEVELS with Beth	£12
WED	By arrangement	REIKI Healing session with Mandy by arrangement	£20
	18.00 – 19.00	Pole Beginners to Intermediate with Mandy	£12
	19.15 – 20.15	Absolute Beginners Pole with Mandy	£12
THURS	16.45 – 17.45	Kids Aerial with Sophie	£10
	18.00 – 19.00	Aerial Hoop (Beginners welcome) with Sophie	£12
	19.15 – 20.15	Beginners Mixed Aerial – introduction aerial with Sophie	£12
FRIDAY	15.30 – 16.30	Private session Contact directly to book 1-1 or group*	£15 - £35pp
	16.45 – 17.45	Kids Aerial with Mandy	£10
	18.00 – 19.00	Adults Aerial fun session with Mandy	£12
SAT	10.00 – 11.00	Kids Aerial with Charley	£10
	11.15 – 12.15	*****NEW AERIAL FOR ADULTS AND/OR KIDS with Charley*****	£12

EVENTS

****SOUND HEALING in HAMMOCKS– SUNDAY 3rd NOV 5.30pm****

****LOLLIPOP Lyra Workshop Sat 16th NOV 1.00pm****

Studio 6th Birthday Showcase – Sun 24th Nov 5pm onwards

PARTY BOOKINGS

Prices from only £15 pp Email info@tempestdance.com